



## BROWS PRE-TREATMENT CARE INSTRUCTIONS

**NO** alcohol for 24-48 hrs before the procedure

**NO** caffeine on day of treatment

**NO** Aspirin, Niacin, Vitamin E or Advil/Ibuprofen, Fish oil 48 hours before procedure (they are natural blood thinners).

**NO** Pain Killers for 48 hours before procedure

**OK** to take tylenol or other non-aspirin pain relievers one hour prior to procedure

**DO NOT** pick/tweeze/wax/perform electrolysis several weeks before the procedure you are to completely grow them out

**DO NOT** wear makeup on your brows to the procedure

**DO NOT** exercise on day of procedure

**NO** facial treatments such as Botox, Lifts, Peels, Dermaplaning, Derma Roller two weeks either side of procedure

**NO** acidic or exfoliating products (Retin-A, Glycolic, or Hyaluronic Acid, etc) at least two weeks prior to procedure.

**DO NOT** tan or have a sun burn face two weeks prior to the service

**IT'S IMPORTANT TO FOLLOW THE INSTRUCTIONS  
ABOVE IN ORDER TO AVOID EXCESSIVE BLEEDING  
AND POOR COLOR DEPOSIT.**

